



ELECTRIFY YOUR PRACTICE

USING THE NEUBIE®

IMPROVE OUTCOMES &
SUPERCHARGE YOUR BUSINESS

WELCOME

OVERVIEW

Hello, and welcome to the *Journey of Unleashing Human Potential*! Your interest is a testament to your dedication to pushing the boundaries of rehabilitation, fitness, and human performance. I am thrilled to have you here as we explore the extraordinary world of the NeuFit Method and innovative Neubie device.

The Neubie ("neuro-bio-electric") device represents a paradigm shift in rehabilitation and fitness. Harnessing direct current (DC), it aligns closely with the body's own electrical signaling to optimize neurological pathways which can help improve pain, movement, and overall function. And it places you on the leading edge of a movement in the industry, focusing on your patients' natural abilities to recover and perform through the power of the nervous system.

In this guide, you'll discover how the NeuFit Method and Neubie can revolutionize health and performance. From accelerating recovery after injury or surgery to managing chronic pain and enhancing athletic performance, the Neubie's applications are vast. We'll share real-life case studies and research demonstrating its efficacy.

And it's not just good for the rehabilitation outcomes. You'll see how incorporating the Neubie into your practice enhances your business as well. After adding the Neubie, hundreds of providers have reported significant improvements in patient satisfaction, retention, referrals, staff engagement, and other important metrics of business success.

Together, let's unlock new levels of health and performance through the power of the nervous system. Thank you for joining us on this transformative journey.

Yours in health and high performance,


Garrett Salpeter
Founder of NeuFit





TABLE OF

CONTENTS

This guide provides detailed information about our innovative technology and the NeuFit Method. Discover how our approach can transform your business, support your clients, and improve outcomes. Explore our research efforts, highlighting our commitment to evidence-based practices. Find practical information to help you get started with NeuFit and unlock the potential of our cutting-edge solutions. Dive in to see how NeuFit can make a difference for you and those you serve.

THE NEUBIE & THE NEUFIT METHOD.....	04
TREATMENT APPLICATIONS USING THE NEUBIE.....	06
HOW CAN THE NEUBIE IMPACT MY BUSINESS?.....	08
RESEARCH & CASE STUDIES.....	10
CONTACT INFO & OTHER RESOURCES.....	12

A NEW PARADIGM IN ELECTRICAL STIMULATION

THE NEUBIE

The Neubie® is NeuFit's patented **direct current** (DC) electrical stimulation device. It is an acronym for "**neuro-bio-electric stimulator**" and is FDA-cleared. Using DC has several unique effects on patients including promoting and optimizing the healing of tissue, bone, muscle, connective tissue, and nerves. This is achieved through the activation of the nervous system and all of the healing processes it controls.

The Neubie® is unique among electrical stimulation devices for several reasons, the most important of which is the neurophysiological effect of the waveform. The vast majority of electrical stimulation devices on the market (TENS, Russian Stim, Interferential, etc.) use alternating current (AC). When turned up to a high enough level to affect change in the neuromuscular system, an AC signal causes the body to engage in protective co-contractions. This approach may end up reinforcing the compensatory and dysfunctional movement patterns that impede the body's natural healing processes, contribute to the cycle of chronic pain, and reduce mobility and movement efficiency.

In contrast, the NEUBIE has been engineered to have the opposite effect. It combines two waveforms that allow us to take advantage of the known benefits of direct current (DC) on tissue healing and the nervous system, while eliminating the skin burns that historically accompanied the use of DC. This precise DC signal is also able to reduce the protective co-contractions, so that the stimulation can be combined with movement during the re-education process. This combination allows us to harness the potential of electrical stimulation to positively affect reflex patterns, brain activity, muscle output, and pain.

THE NEUBIE IS FDA-CLEARED FOR THE FOLLOWING USES:

- ✓ Neuromuscular re-education
- ✓ Increasing blood flow
- ✓ Maintaining or increasing range of motion
- ✓ Reducing spasms
- ✓ Preventing blood clots after surgery
- ✓ Preventing atrophy
- ✓ Managing post-surgical pain
- ✓ Managing post-traumatic acute pain

THE NEUFIT® METHOD

The Neubie device along with the NeuFit® Method stimulates the nervous system and prompts the body to send signals to heal itself from injury, build muscle, rehab neurological conditions, and create good health. It's about **enhancing our natural processes** to transform how quickly and how well we heal.

1

IDENTIFY

The “software” of the nervous system controls everything related to health, recovery, and performance. **In this step, we map the patient's body with the NEUBIE to precisely identify the underlying nervous system issues that delay recovery, like guarding, inhibition, and hypersensitivity.**

2

RESET

Once we identify these areas, we stimulate them with the Neubie while performing various mobilizations and corrective exercises. During this treatment process, we harness the unique properties of the Neubie's direct current (DC) signal and its ability to create sensory neurological inputs that re-educate the nervous system. The inputs create signals from the exact areas where that neurological guarding is taking place, resetting the nervous system to reduce any excessive guarding and restore more normal, optimal function. The DC signal also stimulates the cells that control the rebuilding of the body's tissues, further assisting the natural healing process.

3

BREAKTHROUGH

Working at that neurological level creates functional changes, where patients move with less pain, increase their range of motion, improve their coordination and movement quality, and recover faster from injury or neurological conditions.

TREATMENT APPLICATIONS

ADVANCED TECHNOLOGY FOR THE MODERN PRACTITIONER

There are several benefits of using the NeuFit system for a physical therapist, chiropractor, athletic trainer, or other fitness or performance specialists. It can also be used in conjunction with other forms of treatment, such as exercise and manual therapy. **By offering a range of treatment options, clinicians can create personalized treatment plans for their patients and provide more comprehensive care.**

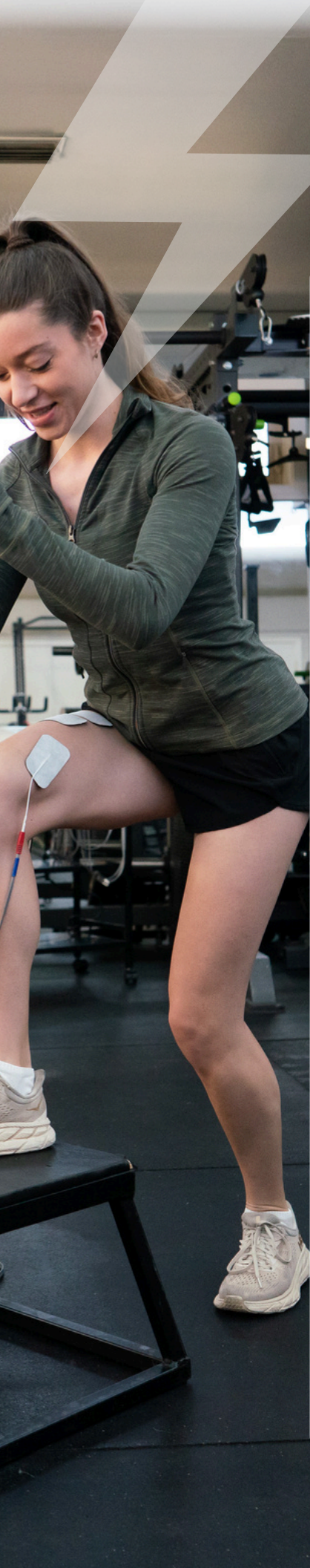
WHAT CAN PRACTITIONERS TREAT WITH THE NEUBIE & NEUFIT METHOD?

Muscle and ligament strains
Recovery from surgery
Back and neck pain
Rotator cuff injury
Shoulder impingement
Tendinopathies
Carpal tunnel
Arthritis
Swelling/lymphedema
Muscle Tears
Chronic pain
Plantar fasciitis
Shin splints
Non-displaced Fractures
Contusions
Muscle Spasms

Clinicians have also seen success using the NeuFit Method to help patients with neuromuscular re-education and regaining function lost due to:

Stroke
Neuropathy
Spinal Cord Injury
Traumatic Brain Injury
Multiple Sclerosis (M.S.)
Vestibular Dysfunction
ALS
...and other neurological injuries or diseases





THE CORE FOUR

Treatment Applications to Enhance Recovery and Improve Outcomes

1

MAPPING

NeuFit's diagnostic "mapping" method helps identify neural inefficiencies and pinpoint specific areas for targeted treatment.



2

MANUAL

NeuFit's "Electric Glove" can enhance the neuromuscular re-education effect of manual therapy and massage.



3

MASTER RESET

The "Master Reset" protocol increases the body's capacity to recover and relax by stimulating parasympathetic nervous system recruitment.



4

IMMERSIONS

NeuFit's electric hand and foot immersion protocols allow you to run direct current (DC) through water to facilitate neurological inputs to the hands or feet to treat weakness, sensation, and inflammation.



SUPERCARGE YOUR PRACTICE

HOW CAN THE NEUBIE IMPACT MY BUSINESS?

The Neubie isn't just a device; it's a profit generator. By effectively integrating the Neubie device into your practice, you can improve cash flow by **increasing patient throughput, enhancing retention, optimizing reimbursements, and marketing your unique Neubie services to a broader audience.** Clients will experience remarkable results, and your business will reap the rewards of expanded offerings.



PROVEN RESULTS

The Neubie has a track record of significantly improving patient outcomes, generating more referrals and helping practices stand out from the rest.



EXCEPTIONAL ROI

By reducing treatment durations and attracting more clients, the Neubie ensures an impressive return on your investment.

TAKE CHARGE OF YOUR PRACTICE

94%

of practices reported an increase in patient satisfaction after adding the Neubie

90%

of patients noticed tangible progress in their first Neubie session

**Data reported from NeuFit customer surveys*

83%

of practitioners have received referrals specifically for use of the Neubie

CLICK THIS LINK
TO ACCESS OUR ROI CALCULATOR

The Neubie starts (and ends) with breakthrough results, transforming practices in remarkable ways. Practitioners around the world effectively rehabilitate, recover, or create a breakthrough, and these stories and results are added to our growing list of stats and feedback.

In a pilot with KORT, an outpatient orthopedic physical therapy group in Kentucky, adding the Neubie **boosted retention, arrival rates, and patient satisfaction, significantly increasing patient volume.** In addition, their Net Promoter Score® of patient satisfaction improved from 90 to 98. Most patients noticed progress in their very first session on the Neubie. KORT achieved a return on investment for the Neubie in just six months.



BILLING & CODING EXPERTISE

We offer guidance on proper billing and coding practices to maximize reimbursement and increase cash-based revenue.



CONTINUING EDUCATION

We offer the most powerful and transformative techniques through our accredited certification courses, providing you with learning opportunities to enhance outcomes.

HEAR SOME OF OUR NEUFIT SUCCESSES & TESTIMONIALS!

"I tell practice owners to find the thing that is going to make them stand out, to make them look like a zebra and not like all the other brown horses. When I first experienced the Neubie, I knew it would be one of those true differentiators. And for the practice owners I work with, it's impacted their outcomes, their overall quality and brand, and their revenue."



BRIAN GALLAGHER, PT
FORMER "NATIONAL PRACTICE
OF THE YEAR WINNER" AND
FOUNDER OF MEG BUSINESS

"The use of this innovative technology has patients unsolicitedly marketing for us and has been instrumental in attracting forward thinking students for clinical affiliations and recruiting additional staff that align with the culture of our business."



JACQUI BROERING, PT
OWNER OF PERFORMANCE PHYSICAL
THERAPY AND WELLNESS
COLDWATER, OH

"I consider NeuFit to be the very best at utilizing electrical stimulation and exercise to rehabilitate those who have had a traumatic spinal cord injury, stroke or multiple sclerosis (or other neuromuscular disease)."



DR. TERRY WAHLS, MD
BESTSELLING AUTHOR OF THE
WAHLS PROTOCOL, MEDICAL
SCHOOL PROFESSOR AND
RESEARCHER

AN EVIDENCE-BASED APPROACH

RESEARCH & CASE STUDIES

At NeuFit, an evidence-based approach is paramount to our mission. We are committed to advancing the understanding and application of our technology through rigorous research. We are excited to share our completed commercial studies and academic/clinical research studies published in scientific journals. Please refer to the publications below and the associated content. As more studies are completed, they will be added to this growing list of exciting work that showcases the many uses of the NEUBIE in health and disease.

AN EVIDENCE-BASED APPROACH



**INTERESTED IN LEARNING MORE
ABOUT RESEARCH OPPORTUNITIES?**

CLICK THIS LINK!

Direct Current Neuromuscular Electrical Stimulation for Treatment of Peripheral Neuropathy. (Under Review)

(2024) Currently under review by Journal of Diabetes Research.

A case series in individuals with multiple sclerosis using direct current electrical stimulation to inhibit spasticity and improve functional outcomes.

(2023) Multiple Sclerosis Journal - Experimental, Translational and Clinical.

Muscular Adaptations Between Very Low Load Resistance Training With Pulsed Direct Current Stimulation (Neubie) and Traditional High Load Training.

(2023) Journal of Musculoskeletal and Neuronal Interactions.

The acute muscular response following a novel form of pulsed direct current stimulation (Neubie) or traditional resistance exercise.

(2022) Journal of Musculoskeletal and Neuronal Interactions.

Investigating the therapeutic effects of Neubie Direct Current Neuromuscular Electrical Stimulation treatment on pain, range of motion, and biometrics measured by the Biostrap wrist-worn photoplethysmography (PPG) device.

(2021) Zenodo.

**ACCESS OUR PUBLISHED
ARTICLES AND EVOLVING
LIST OF CASE STUDIES**

INSTITUTIONAL PARTNERSHIPS

EMPOWERING CLINICAL EDUCATION

Electrical stimulation has proven to be an effective method of aiding recovery from various medical conditions. With the addition of advanced direct current technology via the Neubie and specialized protocols and applications for use, practitioners can pinpoint the source of dysfunction and treat their patients more efficiently and effectively.

We believe in empowering practitioners with the best tools to help as many patients as possible heal, adapt, and grow. That's why we partner with universities, providing them with Neubie devices to add to their curriculum. Join us in bringing the future of rehabilitation to your students.

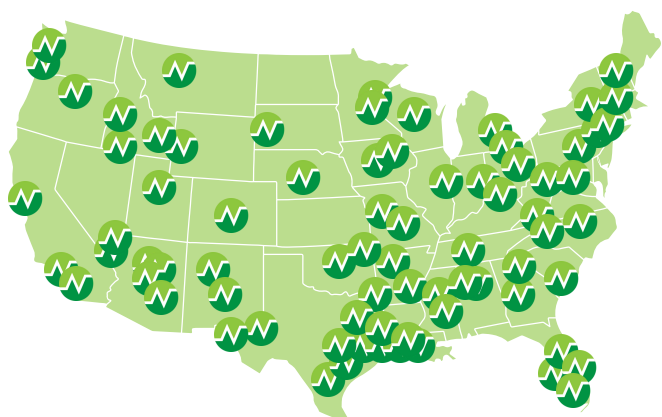


REQUIREMENTS & INCLUSIONS

- ✓ NeuFit **provides equipment and training at no cost** to qualified institutional partners!
- ✓ Must **teach a relevant modalities or clinical techniques course** in a clinical curriculum at a College or University
- ✓ Must **complete training on how to use the Neubie** through our online CEU accredited NeuFit Practitioner Certification course



OTHER BENEFITS OF PARTNERING WITH NEUFIT



OUR COMMUNITY

When you start working with your Neubie device that is really just the beginning. You become part of a community of practitioners who are integrating the NeuFit Method into their practice. Our growing provider community shares, learns and celebrates with one another. Caregiving shouldn't be an island and together we're building bridges between successful practices.



CLINICAL DEVELOPMENT

Network and participate in our monthly Mastermind Calls, or interacting in our practitioners-only online forum.



ONGOING SUPPORT

Rest easy knowing that whenever an issue comes up, our best-in-class customer support staff will be there to help you.



MARKETING RESOURCES

Get noticed with your listing in our practitioner directory and access to marketing materials and resources that you can use to attract new patients.,

HEAR FROM OUR NEUFIT CENTERS OF EXCELLENCE!

"The Neubie has been life changing for our patients and team, we would love to share our insights and experiences with you!"

ANGIE MCGILVREY, PT
APEX PHYSICAL THERAPY, FORT MEYERS, FL

"We are so excited to bring you into the Focus family, train you with the Neubie and help you achieve the success with treatments and with business that we have experienced since 2019!"

ADAM LARAWAY, DPT
FOCUS PT, SANTA CLARITA, CA

A **NeuFit Center of Excellence** is an established practice with demonstrated success using the Neubie across the entire continuum of patient care, from early-stage rehab through fitness and performance optimization. Through on-site training, **they offer a premier onboarding experience** for clinicians aiming to become proficient NeuFit practitioners to quickly **drive growth and success** in their practices.

"Implementing the Neubie into our practice was a game changer. The outcomes we were getting were incredible and our practice quickly grew from one to two within a year"

SAM MARJORIA, DPT
PARK NORTH PT, MANHATTAN, NY

"As the first PT practice to adopt the Neubie device in 2017, we are excited to share our insights, helping you master the NeuFit Method and uniquely position your practice as a difference-maker in the PT Industry"

JASON WAZ, PT
COMPETITIVE EDGE PT, TAMPA, FL

ENGAGE WITH NEUFIT

CONNECT WITH US



READ "THE NEUFIT METHOD"

Dive deep into "*The NeuFit Method*" authored by Founder & CEO, Garrett Salpeter. Order a hardcopy or download the audiobook from Amazon!



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LISTEN TO OUR PODCAST

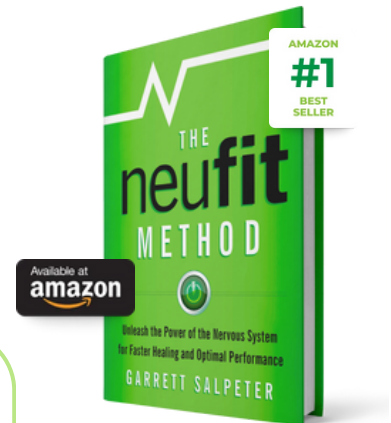
▶ Tune in to *The NeuFit Undercurrent Podcast* for insightful discussions, expert interviews, success stories, and updates on industry trends with NeuFit. Available on Apple and Spotify!



EMAIL OR CALL US!

Whether you have questions, need more information, or want to schedule a demo, our team is here to help. Contact us today to learn how NeuFit can enhance patient outcomes and boost your business success!

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